

Ergebnisse der 30. Harzer Talsperrenserie

SERIEN-WERTUNG

Veranstalter: Läufer-Team Oker e.V.

						Gesamtergebnis			Ergebnis LAUF 1			Ergebnis LAUF 2			Ergebnis LAUF 3				
						Platz je AK	Platz gesamt	Zeit	Platz je AK	Platz gesamt	Zeit	Platz je AK	Platz gesamt	Zeit	Platz je AK	Platz gesamt	Zeit		
Serienwertung	327	Kuzguncu	Süleyman	1988	M	männl. Jugend A	SV Union Salzgitter	1	2	2:34:01,0	1	3	53:50,0	1	2	52:50,0	1	2	47:21,0
Serienwertung	328	Peter	Richard	1989	M	männl. Jugend A	LG Volkersheim	2	43	3:32:24,0	2	43	1:13:10,0	2	44	1:12:40,0	2	46	1:06:34,0
Serienwertung	152	Hanelt	Sebastian	1979	M	Männer	LG Göttingen	1	1	2:21:16,0	1	1	49:35,0	1	1	48:01,0	1	1	43:40,0
Serienwertung	156	Klimanski	Michael	1979	M	Männer	Polizei Niedersachsen	2	4	2:38:41,0	2	6	55:29,0	2	6	54:38,0	2	4	48:34,0
Serienwertung	155	Ehlers	Oliver	1978	M	Männer	LSV Wolfenbüttel	3	5	2:43:36,0	3	8	57:58,0	3	7	56:04,0	3	5	49:34,0
Serienwertung	161	Loose	Ralf	1979	M	Männer	MSV Eintr. Halberstadt	4	11	2:53:04,0	4	13	1:00:38,0	4	12	59:10,0	6	15	53:16,0
Serienwertung	154	Ziegert	Malte	1986	M	Männer	LSV Wolfenbüttel	5	14	2:54:37,0	5	17	1:01:47,0	6	17	1:00:07,0	5	13	52:43,0
Serienwertung	160	Jahn	Christopher	1986	M	Männer	Uni Kassel	6	15	2:55:06,0	7	24	1:03:51,0	5	13	59:29,0	4	10	51:46,0
Serienwertung	157	Heidmann	Alexander	1980	M	Männer	LSV Wolfenbüttel	7	17	2:56:36,0	6	20	1:02:29,0	7	19	1:00:25,0	7	16	53:42,0
Serienwertung	171	Jung	Lars	1973	M	Altersklasse M30	Läufer-Team Oker e.V.	1	7	2:45:38,0	1	9	58:44,0	1	9	56:18,0	1	8	50:36,0
Serienwertung	173	Effenberger	Matthias	1972	M	Altersklasse M30	BSG SPK Duderstadt	2	16	2:55:18,0	2	18	1:02:06,0	2	18	1:00:13,0	2	14	52:59,0
Serienwertung	174	Bothe	Olaf	1974	M	Altersklasse M30	TSV Gielde	3	34	3:21:02,0	3	31	1:07:29,0	4	39	1:10:16,0	3	37	1:03:17,0
Serienwertung	168	Kemp	Timo	1974	M	Altersklasse M30	Wolfenbüttel	4	39	3:28:28,0	4	49	1:14:58,0	3	38	1:10:13,0	4	38	1:03:17,0
Serienwertung	194	Kappe	Karsten	1970	M	Altersklasse M35	MTV Brunonia Harlingerode e.V.	1	3	2:36:48,0	1	4	55:10,0	1	5	53:42,0	1	3	47:56,0
Serienwertung	182	Lehmann	Frank	1971	M	Altersklasse M35	Braunschweig	2	6	2:44:06,0	2	7	57:47,0	2	8	56:06,0	2	6	50:13,0
Serienwertung	184	Cappai	Antonio	1970	M	Altersklasse M35	LSV Wolfenbüttel	3	18	2:57:46,0	3	21	1:03:05,0	3	20	1:00:49,0	3	17	53:52,0
Serienwertung	177	Lämmerhirt	Karsten	1971	M	Altersklasse M35	MTV Goslar	4	32	3:16:42,0	5	33	1:08:05,0	5	37	1:08:56,0	4	31	59:41,0
Serienwertung	59	Röpke	Dirk	1967	M	Altersklasse M35	Bad Harzburg	5	47	3:36:39,0	6	54	1:17:24,0	6	49	1:13:20,0	5	45	1:05:55,0
Serienwertung	175	Friehe	Thomas	1967	M	Altersklasse M35	Running Jerstedt	6	57	4:06:51,0	7	62	1:24:44,0	7	61	1:27:04,0	6	59	1:15:03,0
Serienwertung	372	Baumgart	Maike	1971	W	Altersklasse W35	LG Volkersheim	1	37	3:26:03,0	1	40	1:10:58,0	1	45	1:12:41,0	1	35	1:02:24,0
Serienwertung	369	Nawroth	Dr. Brigit	1967	W	Altersklasse W35	Goslar	2	44	3:33:36,0	2	47	1:14:44,0	2	48	1:13:09,0	2	43	1:05:43,0
Serienwertung	220	Bartkowski	Hubertus	1965	M	Altersklasse M40	LG SG Hattorf	1	8	2:48:36,0	2	11	1:00:13,0	2	10	57:50,0	1	7	50:33,0
Serienwertung	219	Gattermann	Heinz	1964	M	Altersklasse M40	LG SG Hattorf	2	12	2:53:05,0	3	14	1:00:44,0	3	15	59:48,0	2	12	52:33,0
Serienwertung	221	Frenzel	Matthias	1964	M	Altersklasse M40	SV Borussia Salzgitter	3	22	3:03:22,0	4	22	1:03:13,0	5	25	1:03:01,0	4	24	57:08,0
Serienwertung	212	Germer	Heinz-Erhard	1964	M	Altersklasse M40	TC Seestern Braunschweig	4	23	3:04:33,0	5	26	1:06:17,0	4	23	1:02:14,0	3	22	56:02,0
Serienwertung	198	Salle	Mathias	1964	M	Altersklasse M40	MTV Goslar	5	25	3:08:45,0	6	28	1:06:29,0	6	27	1:04:26,0	5	26	57:50,0
Serienwertung	217	von Leitner	Uwe	1962	M	Altersklasse M40	Goslar	6	35	3:21:17,0	9	41	1:10:59,0	7	35	1:08:36,0	6	34	1:01:42,0
Serienwertung	206	Kienel	Michael	1963	M	Altersklasse M40	Peine	7	36	3:21:26,0	8	39	1:10:06,0	8	36	1:08:55,0	7	36	1:02:25,0
Serienwertung	208	Urban	Peter	1963	M	Altersklasse M40	Rühen	8	42	3:32:23,0	11	52	1:15:47,0	9	43	1:12:23,0	8	42	1:04:13,0
Serienwertung	213	Kay	Peter	1964	M	Altersklasse W45	LG Volkersheim	9	49	3:40:29,0	10	44	1:13:14,0	10	46	1:12:45,0	9	58	1:14:30,0
Serienwertung	380	Müller	Corinna	1964	W	Altersklasse W40	Hosianna Runners	1	55	4:04:44,0	1	63	1:25:52,0	2	59	1:26:06,0	1	55	1:12:46,0
Serienwertung	385	Bergmann	Sabine	1962	W	Altersklasse W40	Goslar	2	58	4:15:03,0	2	65	1:32:05,0	1	58	1:25:35,0	2	60	1:17:23,0
Serienwertung	234	Krüger	Ralf	1958	M	Altersklasse M45	Läufer-Team Oker e.V.	1	13	2:54:33,0	2	15	1:00:55,0	2	14	59:40,0	1	18	53:58,0
Serienwertung	235	Corcilus	Karlheinz	1958	M	Altersklasse M45	WBK III Erfurt	2	19	2:57:57,0	4	19	1:02:12,0	3	21	1:01:01,0	2	19	54:44,0
Serienwertung	230	Sievers	Thomas	1960	M	Altersklasse M45	Braunschweig	3	20	3:00:29,0	3	16	1:01:41,0	4	26	1:03:27,0	3	21	55:21,0
Serienwertung	244	Kaletka	Martin	1958	M	Altersklasse M45	SV Borussia Salzgitter	4	30	3:15:38,0	5	38	1:08:45,0	5	33	1:06:57,0	4	33	59:56,0
Serienwertung	233	Wüppenhorst	Michael	1960	M	Altersklasse M45	LSV Wolfenbüttel	5	51	3:40:51,0	7	56	1:18:01,0	6	55	1:15:49,0	6	50	1:07:01,0
Serienwertung	387	Kommerau	Carola	1957	W	Altersklasse W45	TUS Elbingerode	1	45	3:35:38,0	1	46	1:13:59,0	1	51	1:14:42,0	1	48	1:06:57,0
Serienwertung	389	Wüppenhorst	Heike	1960	W	Altersklasse W45	LSV Wolfenbüttel	2	50	3:40:50,0	2	55	1:18:01,0	3	54	1:15:49,0	2	49	1:07:00,0
Serienwertung	390	Mehner-Biallas	Birgit	1960	W	Altersklasse W45	Goslar	3	52	3:44:09,0	3	57	1:18:30,0	2	53	1:15:39,0	3	53	1:10:00,0
Serienwertung	269	Engelhardt	Wolfgang	1952	M	Altersklasse M50	BSG SPK Duderstadt	1	21	3:00:33,0	1	23	1:03:23,0	1	22	1:02:03,0	1	20	55:07,0
Serienwertung	257	Isensee	Achim	1954	M	Altersklasse M50	LG Osterwieck	2	28	3:12:54,0	3	35	1:08:20,0	2	31	1:06:09,0	3	29	58:25,0
Serienwertung	270	Wiedersich	Hans Joachim	1955	M	Altersklasse M50	BSG SPK Duderstadt	3	29	3:14:25,0	4	36	1:08:31,0	3	32	1:06:29,0	4	30	59:25,0
Serienwertung	267	Huiras	Dr. Gerd	1956	M	Altersklasse M50	LT MTV Goslar	4	33	3:16:57,0	2	34	1:08:15,0	4	40	1:10:47,0	2	27	57:55,0
Serienwertung	265	Paulmann	Wilhelm	1953	M	Altersklasse M50	DSC Dassel	5	54	3:53:37,0	5	58	1:21:38,0	5	57	1:18:20,0	5	57	1:13:39,0
Serienwertung	392	Gebauer	Elisabeth	1954	W	Altersklasse W50	LG Eichsfeld	1	26	3:08:48,0	1	27	1:06:27,0	1	29	1:05:15,0	1	23	57:06,0
Serienwertung	252	Hentschel	Hans-Jürgen	1951	M	Altersklasse M55	LG Osterwieck	1	10	2:52:47,0	1	12	1:00:27,0	1	16	59:52,0	1	11	52:28,0
Serienwertung	277	Fricke	Klaus	1948	M	Altersklasse M55	TSV Bredelem	2	24	3:05:05,0	2	25	1:04:16,0	2	24	1:03:00,0	2	25	57:49,0
Serienwertung	276	Henkel	Günther	1949	M	Altersklasse M55	LT Salzgitter	3	38	3:28:04,0	3	42	1:12:22,0	3	42	1:11:56,0	3	40	1:03:46,0
Serienwertung	294	Kötz	Harald	1946	M	Altersklasse M60	LT Salzgitter	1	9	2:48:44,0	1	10	1:00:12,0	1	11	57:55,0	1	9	50:37,0
Serienwertung	293	Flamm	Johannes	1945	M	Altersklasse M60	SV Union Salzgitter	2	27	3:09:45,0	2	30	1:06:42,0	2	28	1:05:05,0	2	28	57:58,0
Serienwertung	291	Lechtermann	Hans-Joachim	1944	M	Altersklasse M60	LT MTV Goslar	3	56	4:05:13,0	4	64	1:26:20,0	3	60	1:26:08,0	3	54	1:12:45,0
Serienwertung	302	Deckmann	Hans-Joachim	1940	M	Altersklasse M65	TV Germ. Wiedelah	1	31	3:16:19,0	1	37	1:08:32,0	1	34	1:07:56,0	1	32	59:51,0
Serienwertung	292	Oels	Helge	1941	M	Altersklasse M65	LG SG Hattorf	2	41	3:31:02,0	2	45	1:13:45,0	2	50	1:13:56,0	2	39	1:03:21,0

Serienwertung	308	Stetefeld	Helge	1941	M	Altersklasse M65	TKJ Sarstedt	3	48	3:37:43,0	3	53	1:15:58,0	3	52	1:15:02,0	3	47	1:06:43,0
Serienwertung	320	Ernst	Eberhard	1936	M	Altersklasse M70	ESV Goslar	1	40	3:30:39,0	1	48	1:14:55,0	1	41	1:11:33,0	1	41	1:04:11,0
Serienwertung	319	Priemer	Egbert	1936	M	Altersklasse M70	Lautenthal	2	46	3:36:25,0	2	50	1:15:08,0	2	47	1:13:02,0	2	51	1:08:15,0
Serienwertung	310	Hartmann	Jochen	1935	M	Altersklasse M70	MTV Osterode	3	53	3:47:57,0	3	59	1:22:20,0	3	56	1:16:51,0	3	52	1:08:46,0
Serienwertung	21	Selig	Noah	1997	M	Schüler M09	MTV Brunonia Harlingerode e.V.	1	24	55:35,0	1	26	19:49,0	1	25	22:14,0	1	23	13:32,0
Serienwertung	20	Lehmann	Dominique	1997	M	Schüler M09	MTV Brunonia Harlingerode e.V.	2	39	1:03:15,0	2	36	21:42,0	2	42	25:28,0	2	42	16:05,0
Serienwertung	15	Neumann	Laura	1997	W	Schülerinnen W09	MTV Brunonia Harlingerode e.V.	1	43	1:04:43,0	1	46	22:51,0	1	44	25:40,0	1	44	16:12,0
Serienwertung	25	Bischoff	Thore	1995	M	Schüler M11	LG SG Hattorf	1	10	50:39,0	1	12	17:53,0	1	11	20:20,0	1	9	12:26,0
Serienwertung	32	Frenzel	Malte	1995	M	Schüler M11	SV Borussia Salzgitter	2	17	52:46,0	2	16	18:21,0	2	17	21:23,0	2	18	13:02,0
Serienwertung	24	Gobel	Jost	1996	M	Schüler M11	LG SG Hattorf	3	22	55:12,0	3	27	19:50,0	3	21	21:51,0	3	22	13:31,0
Serienwertung	23	Beißner	Jannis	1995	M	Schüler M11	MTV Osterode	4	31	58:42,0	4	32	20:41,0	4	29	23:05,0	4	32	14:56,0
Serienwertung	26	Nitzschke	Pia	1996	W	Schülerinnen W11	MTV Brunonia Harlingerode e.V.	1	38	1:03:11,0	1	42	22:27,0	1	41	25:27,0	1	34	15:17,0
Serienwertung	33	Riechel	Jan	1993	M	Schüler M13	LG SG Hattorf	1	12	51:01,0	1	5	17:24,0	2	16	21:11,0	1	10	12:26,0
Serienwertung	28	Kröhl	Andre	1994	M	Schüler M13	MTV Astfeld	2	14	51:20,0	2	15	18:09,0	1	13	20:33,0	2	12	12:38,0
Serienwertung	29	Gattermann	Markus	1994	M	Schüler M13	LG SG Hattorf	3	25	56:30,0	3	22	19:25,0	3	27	22:57,0	3	27	14:08,0
Serienwertung	34	Riechel	Eike	1993	M	Schüler M13	LG SG Hattorf	4	53	1:11:18,0	4	53	24:15,0	4	57	29:23,0	4	51	17:40,0
Serienwertung	35	Rensch	Christine	1993	W	Schülerinnen W13	WSV Wolfenbüttel	1	16	52:33,0	1	17	18:40,0	1	15	21:06,0	1	15	12:47,0
Serienwertung	37	Warnecke	Melissa	1993	W	Schülerinnen W13	MTV Brunonia Harlingerode e.V.	2	33	1:00:42,0	2	34	21:03,0	2	35	24:35,0	2	33	15:04,0
Serienwertung	36	Gobel	Tabea	1994	W	Schülerinnen W13	LG SG Hattorf	3	51	1:10:05,0	3	54	24:33,0	3	52	27:51,0	3	52	17:41,0
Serienwertung	42	Kaletka	Adrian	1991	M	Schüler M15	SV Borussia Salzgitter	1	18	53:58,0	1	20	19:13,0	1	18	21:48,0	1	16	12:57,0
Serienwertung	40	Nitzschke	Tim	1992	M	Schüler M15	MTV Brunonia Harlingerode e.V.	2	34	1:01:03,0	2	38	21:47,0	2	34	24:27,0	2	31	14:49,0
Serienwertung	13	Pätz	Marian	1992	M	Schüler M15	Bockenem	3	42	1:03:25,0	3	43	22:36,0	3	38	24:54,0	3	40	15:55,0
Serienwertung	39	Bischoff	Svenja	1992	W	Schülerinnen W15	LG SG Hattorf	1	52	1:10:06,0	1	55	24:35,0	1	53	27:52,0	1	50	17:39,0
Serienwertung	4	Ernst	Marisa	1990	W	weibl. Jugend B	TV Klein Ilse	1	29	57:59,0	1	29	20:11,0	1	32	23:12,0	1	29	14:36,0
Serienwertung	5	Kernstedt	Marjana	1990	W	weibl. Jugend B	TV Klein Ilse	2	41	1:03:19,0	2	44	22:44,0	2	37	24:47,0	2	37	15:48,0
Serienwertung	9	Pavel	Patrick	1988	M	männl. Jugend A	TSV Eintracht Wolfshagen	1	2	45:35,0	1	2	16:02,0	1	2	18:13,0	1	2	11:20,0
Serienwertung	6	Gardewin	Anke	1990	W	weibl. Jugend A	TV Klein Ilse	1	19	54:08,0	1	18	18:56,0	1	19	21:49,0	1	20	13:23,0
Serienwertung	50	Winter	Jan Christoph	1988	M	Männer	Läufer-Team Oker e.V.	1	4	47:35,0	1	4	16:49,0	1	4	18:52,0	1	4	11:54,0
Serienwertung	47	Cramm	Nina	1982	W	Frauen	TV Klein Ilse	1	23	55:27,0	1	23	19:27,0	1	24	22:05,0	1	26	13:55,0
Serienwertung	45	Hass	Susan	1977	W	Frauen	LG Volkersheim	2	49	1:08:56,0	2	45	22:45,0	2	51	27:35,0	2	56	18:36,0
Serienwertung	55	Polzen	Frank	1972	M	Altersklasse M30	TSV Groß Flöthe	1	3	46:12,0	1	3	16:28,0	1	3	18:16,0	1	3	11:28,0
Serienwertung	56	Jung	Sven-Hartmann	1972	M	Altersklasse M30	Läufer-Team Oker e.V.	2	26	56:43,0	2	25	19:47,0	2	30	23:11,0	2	24	13:45,0
Serienwertung	60	Schreiber	Michael	1974	M	Altersklasse M30	Beuchte	3	46	1:05:52,0	3	49	23:05,0	3	48	26:32,0	3	45	16:15,0
Serienwertung	63	Wienecke	Thorsten	1971	M	Altersklasse M35	LG Göttingen	1	1	42:38,0	1	1	14:52,0	1	1	16:56,0	1	1	10:50,0
Serienwertung	62	Meyer-Bertram	Wilhelm	1968	M	Altersklasse M35	SC Schoningen 04	2	7	49:51,0	2	9	17:44,0	2	6	19:52,0	2	5	12:15,0
Serienwertung	65	Neumann	Axel	1967	M	Altersklasse M35	MTV Brunonia Harlingerode e.V.	3	27	57:15,0	3	28	20:11,0	3	31	23:12,0	3	25	13:52,0
Serienwertung	73	Kunze	Uwe	1964	M	Altersklasse M40	TSG Wildemann	1	9	50:29,0	1	11	17:51,0	1	10	20:18,0	1	6	12:20,0
Serienwertung	74	Gobel	Gerson	1964	M	Altersklasse M40	LG SG Hattorf	2	13	51:02,0	2	13	17:56,0	2	12	20:22,0	2	14	12:44,0
Serienwertung	75	Riechel	Bernd	1963	M	Altersklasse M40	LG SG Hattorf	3	21	54:17,0	3	21	19:14,0	3	20	21:51,0	3	19	13:12,0
Serienwertung	70	Kruschwitz	Axel	1962	M	Altersklasse M40	SFC Harz-Weser Osterode	4	28	57:28,0	4	30	20:14,0	4	26	22:48,0	4	28	14:26,0
Serienwertung	72	Heinrich	Jörg	1963	M	Altersklasse M40	SVG Barbis	5	50	1:09:41,0	5	59	25:38,0	5	50	27:25,0	5	47	16:38,0
Serienwertung	67	Schirmer	Kerstin	1962	W	Altersklasse W40	LG SG Hattorf	1	45	1:05:42,0	1	48	23:01,0	1	47	26:31,0	1	43	16:10,0
Serienwertung	66	Kruschwitz	Uta	1964	W	Altersklasse W40	MTV Freiheit	2	57	1:17:04,0	3	61	26:56,0	2	58	30:34,0	2	57	19:34,0
Serienwertung	81	Borchers	Uwe	1961	M	Altersklasse M45	Uwe's Laufftreff OHA	1	11	50:47,0	1	10	17:50,0	1	9	20:17,0	1	13	12:40,0
Serienwertung	442	Pfoertner	Werner	1960	M	Altersklasse M45	SFC Harz-Weser Osterode	2	20	54:16,0	2	19	18:57,0	2	23	21:55,0	2	21	13:24,0
Serienwertung	77	Barke	Elke	1958	W	Altersklasse W45	LG SG Hattorf	1	40	1:03:18,0	1	40	21:51,0	1	43	25:35,0	1	38	15:52,0
Serienwertung	76	Böttcher	Brigitte	1957	W	Altersklasse W45	LG SG Hattorf	2	44	1:05:27,0	2	47	22:53,0	2	46	26:11,0	2	46	16:23,0
Serienwertung	91	Lowin	Uwe	1955	M	Altersklasse M50	Uwe's Laufftreff OHA	1	5	49:36,0	1	6	17:28,0	1	5	19:45,0	1	7	12:23,0
Serienwertung	90	Meyerhöfer	Karl	1952	M	Altersklasse M50	SSV Sehle	2	6	49:50,0	2	7	17:31,0	2	7	19:54,0	2	8	12:25,0
Serienwertung	92	Borchert	Gerti	1955	M	Altersklasse M50	SC Schoningen 04	3	36	1:02:16,0	3	39	21:50,0	3	39	24:59,0	3	35	15:27,0
Serienwertung	85	Timm	Angelika	1955	W	Altersklasse W50	LG SG Hattorf	1	30	58:25,0	1	31	20:38,0	1	28	23:02,0	1	30	14:45,0
Serienwertung	84	Kröhl	Vera	1953	W	Altersklasse W50	MTV Astfeld	2	32	59:48,0	2	33	20:51,0	2	33	23:20,0	2	36	15:37,0
Serienwertung	96	Klotz	Anneliese	1948	W	Altersklasse W50	Medizin Quedlinburg	3	59	1:18:34,0	3	63	27:14,0	3	60	31:25,0	3	60	19:55,0
Serienwertung	86	Mellentini	Barbara	1954	W	Altersklasse W50	SFC Harz-Weser Osterode	4	67	1:55:30,0	4	70	40:43,0	4	68	44:08,0	4	67	30:39,0
Serienwertung	99	Langowicz	Georg	1949	M	Altersklasse M55	MTV Seesen	1	15	52:01,0	1	14	17:57,0	1	14	21:04,0	1	17	13:00,0
Serienwertung	98	Nordmann	Johannes	1949	M	Altersklasse M55	SFC Harz-Weser Osterode	2	54	1:11:50,0	2	56	25:00,0	2	56	28:57,0	2	53	17:53,0
Serienwertung	101	Haak	Hans-Henning	1947	M	Altersklasse M55	SV Germania Helmstedt	3	61	1:23:09,0	3	62	27:13,0	3	66	36:21,0	3	58	19:35,0
Serienwertung	97	Kohn	Brigitte	1947	W	Altersklasse W55	Uwe's Laufftreff OHA	1	55	1:11:51,0	1	57	25:05,0	1	54	28:14,0	1	55	18:32,0
Serienwertung	95	Querndt	Brunhilde	1950	W	Altersklasse W55	LG SG Hattorf	2	58	1:18:21,0	2	64	27:25,0	2	59	31:17,0	2	59	19:39,0
Serienwertung	94	Jung	Heidrun	1947	W	Altersklasse W55	Läufer-Team Oker e.V.	3	63	1:27:44,0	3	68	31:05,0	3	63	34:17,0	3	63	22:22,0
Serienwertung	110	Dauzou	Michael	1944	M	Altersklasse M60	SV Union Salzgitter	1	8	50:07,0	1	8	17:33,0	1	8	20:02,0	1	11	12:32,0

Serienwertung	111	Polzen	Dieter	1943	M	Altersklasse M60	LT Salzgitter	2	66	1:36:40,0	2	69	34:05,0	2	67	39:09,0	2	64	23:26,0
Serienwertung	113	Ahrens	Roswitha	1943	W	Altersklasse W60	MSV Eintr. Halberstadt	1	47	1:06:08,0	1	52	23:26,0	1	45	26:01,0	1	48	16:41,0
Serienwertung	119	Pfeuffer	Bodo	1939	M	Altersklasse M65	SV Germania Helmstedt	1	35	1:01:45,0	1	35	21:12,0	1	36	24:38,0	1	39	15:55,0
Serienwertung	117	Friehe	Günter	1938	M	Altersklasse M65	LAV Alfeld	2	48	1:07:10,0	2	50	23:18,0	2	49	26:53,0	2	49	16:59,0
Serienwertung	118	Jung	Hartmann	1941	M	Altersklasse M65	Läufer-Team Oker e.V.	3	60	1:19:06,0	3	60	26:31,0	3	61	31:26,0	3	62	21:09,0
Serienwertung	115	Pfeuffer	Erika	1941	W	Altersklasse W65	SV Germania Helmstedt	1	56	1:11:53,0	1	58	25:12,0	1	55	28:32,0	1	54	18:09,0
Serienwertung	93	Franke	Brunhilde	1938	W	Altersklasse W65	Medizin Quedlinburg	2	65	1:30:37,0	2	67	30:56,0	2	65	36:03,0	2	65	23:38,0
Serienwertung	122	Dieber	Walter	1936	M	Altersklasse M70	Laufline-Team Göttingen	1	37	1:02:45,0	1	37	21:46,0	1	40	25:03,0	1	41	15:56,0
Serienwertung	121	Gröhler	Marga	1934	W	Altersklasse W70	LAV Alfeld	1	62	1:24:30,0	1	65	29:16,0	1	64	34:31,0	1	61	20:43,0
Serienwertung	120	Wiechmann	Heinz	1925	M	Altersklasse M80	TV Lautenthal	1	64	1:28:11,0	1	66	30:39,0	1	62	33:19,0	1	66	24:13,0
Serienwertung	136	Schirmer	Jürgen	1957	M	Altersklasse M40	LG SG Hattorf	1	4	4:24:33,0	1	2	54:10,0	1	2	1:48:33,0	1	4	1:41:50,0
Serienwertung	138	Brennecke	Rosi	1958	W	Altersklasse W40	TSV Liebenburg	1	2	4:22:41,0	2	4	55:30,0	1	3	1:49:03,0	2	3	1:38:08,0
Serienwertung	131	Menke	Ulrike	1961	W	Altersklasse W40	LT MTV Goslar	2	3	4:22:44,0	1	3	55:08,0	2	4	1:49:28,0	1	2	1:38:08,0
Serienwertung	132	Woll	Johannes	1951	M	Altersklasse M50	TSG Bad Harzburg	1	1	3:59:58,0	1	1	50:40,0	1	1	1:40:18,0	1	1	1:29:00,0
Serienwertung	130	Pohler	Manfred	1950	M	Altersklasse M50	LT MTV Goslar	2	5	4:48:42,0	2	5	59:30,0	2	5	2:01:01,0	2	5	1:48:11,0
Behindertenklas	98	Nordmann	Johannes	1949	M	Altersklasse M55	SFC Harz-Weser Osterode	1	1	1:11:50,0	1	1	25:00,0	1	1	28:57,0	1	1	17:53,0
Behindertenklas	118	Jung	Hartmann	1941	M	Altersklasse M65	Läufer-Team Oker e.V.	2	2	1:19:06,0	2	2	26:31,0	2	2	31:26,0	2	2	21:09,0
Behindertenklas	120	Wiechmann	Heinz	1925	M	Altersklasse M80	TV Lautenthal	3	3	1:28:11,0	3	3	30:39,0	3	3	33:19,0	3	3	24:13,0